



TRANSITIONAL AGE YOUTH CHECKLIST

Youth's Name _____

Date of Birth _____

JD/ Case Number _____

Important Documents to Have

Birth Certificate	<input type="checkbox"/> Have	<input type="checkbox"/> Applied For	<input type="checkbox"/> Do Not Have
State-Issued Photo ID	<input type="checkbox"/> Have	<input type="checkbox"/> Applied For	<input type="checkbox"/> Do Not Have
Social Security Card	<input type="checkbox"/> Have	<input type="checkbox"/> Applied For	<input type="checkbox"/> Do Not Have
Citizenship/ Immigration Documents (If Applicable)	<input type="checkbox"/> Have	<input type="checkbox"/> Applied For	<input type="checkbox"/> Do Not Have
Medical History Docs/ Medi-Cal Card	<input type="checkbox"/> Have	<input type="checkbox"/> Applied For	<input type="checkbox"/> Do Not Have
Copy of Educational History/ Transcript	<input type="checkbox"/> Have	<input type="checkbox"/> Applied For	<input type="checkbox"/> Do Not Have

*Please note, it may also be helpful to request a 'Foster Care Verification Letter' from DSS.

Notes:

Plans to Meet AB12/ Extended Foster Care Eligibility Requirement(s) Once the Youth Turns 18

***Would need to be in compliance with one of the following options**

***Please keep an eye out for upcoming NMD 101 info sessions, hosted by DSS**

- Working towards completing high school or equivalent
- Attending college with at least half-time enrollment
- Working at least 80 hours a month
- Actively participating in a program to obtain employment
- Unable to participate in one of the above due to a verified medical diagnosis



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Plans for Adulthood (Age 18+)

Is the youth's Transitional Independent Living Plan (TILP) current? Yes No

Is the youth participating in the Independent Living Program workshops, made available through Hartnell College? Yes No

Does the youth have significant adult/ community connections/ spiritual support (if applicable)? Yes No

Has the youth applied for Supplemental Security Income (SSI) benefits (if applicable)? Yes No

Does the youth have a computer? Yes No

Does the youth have a cellphone? Yes No

Has the youth registered to vote? Yes No

Does the youth know how to navigate the public transportation system, if needed? Yes No

Has the youth attained their state ID or driver's license? Yes No

*If they have their license, do they have auto insurance, if they're actively driving?

Notes:

Well Being & Mental Health Well-Being

Is the youth receiving any mental health services? Yes No

Is the youth adequately educated about their mental health or health condition(s)? (If applicable) Yes No

Does the youth know they may be eligible for Medi-Cal until the age of 26? Yes No

Does the youth have a primary doctor and dentist? Yes No



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Does the youth know how to obtain contraceptives? Yes No

*We have resources for services provided by Planned Parenthood, if interested.

Does the youth have any hobbies or practice some form of self-care? Yes No

****If youth is taking any medication, please continue****

If the youth is taking any prescribed medication, do they understand the schedule of when to take their medication and why? Yes No

Does the youth know how to get refills for their medication? Yes No

Does the youth know who to seek out to learn about resources for mental health services and crisis situations? Yes No

Financial Planning

Does the youth have a checking account? Yes No

Does the youth have a savings account? Yes No

Has the youth applied for a credit card? And if not, are they interested? Yes No

Does the youth know what monthly bills they'll have and how to pay them? Yes No

Does the youth have a system to track monthly living expenses? Yes No

Is your youth planning on saving a certain amount of their income each month? If so, how do they plan to do this? Yes No

Does the youth have any questions regarding their credit? Yes No

*A credit check should be noted in the most recent Social Worker report, for youth 18+.



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Professional Development

Does the youth have a resume and know how to update? Yes No

Does the youth have a cover letter? Yes No

Does the youth know how to look for employment opportunities? Yes No

Does the youth know how to dress for an interview, what type of questions they'll be asked, and the types of questions to ask? Yes No

Plan After Youth Turns 21 for Housing, Personal Growth & Stability:

Support Persons to Keep in Mind

- Marisela Lemus, Guardian Scholars & the Independent Living Program (ILP) Coordinator for NMDs
 - Organizes workshops for youth ages 18-21
 - Email: mlemus@hartnell.edu
 - Phone: (831) 755- 6944
- Steve Duran, Housing Assistance Navigator with Unity Care
 - Works to help locate affordable housing, primarily for youth ages 18-25
 - Email: sduran@unitycare.org
- Francesca Marietti, TAY Specialist at CASA of Monterey County
 - Email: francesca@casaofmonterey.org
 - Phone: (831) 222-3988