



# YOUTH OUTPATIENT

Our Outpatient Program helps teens struggling with drug and alcohol use by providing them caring and comprehensive substance use disorder (SUD) treatment.

## OUR PROGRAM

Our Youth Outpatient Program serves as a crucial resource for young people facing various challenges, including mental health issues, substance abuse, and behavioral problems. Through comprehensive counseling, educational support, evidence based practices, and life skills training, we strive to empower youth to overcome their difficulties and lead fulfilling lives.

These objectives aim to create a comprehensive and supportive environment that addresses the multifaceted needs of youth in outpatient care, promoting their overall well-being.

## BENEFITS

Our caring and professional staff gets to know our clients, which includes understanding their living arrangements, family, social life, education, work, and health. The recovery program is individually tailored. Our treatment plans use an integrated approach that combines a variety of evidence-based practices. Over the years, our Outpatient programs have helped thousands become productive and fulfilled members of their families and their community.

## SERVICES

- Individual Counseling
- Group Counseling
- Family therapy
- 12-Step support
- Medication Assisted Treatment (MAT)
- Relapse prevention

## ADMISSION REQUIRMENTS

- Must be 13 to 18 years of age;
- Have a substance use disorder;
- Be medically & psychiatrically stable and able to participate in an active program;
- Demonstrate the motivation & willingness to follow all program principles, guidelines, and structure to achieve a meaningful recovery.

For a warm, caring, and confidential conversation, contact us today.

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**ACCEPTING MEDI-CAL  
BILINGUAL SERVICES AVAILABLE**

*Door to Hope is a 501(C)3 non-profit charitable organization. Licensed and certified by the Department of Healthcare Services.*